

# End Procrastination



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The End of Procrastination, written by Petr Ludwig, is a book dedicated to overcoming the habit of putting off tasks and responsibilities..

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The author is a Forbes contributor. 7 Strategies to End Procrastination and Start Into Action. Write down your goal and give yourself a deadlineHow to Overcome ProcrastinationEnd Procrastination Now!: Get it Done with a Proven Psychological Approach [William Knaus .] on .  
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